



PATIENT INTAKE FORM

Date: _____ Name: _____

Name of Parents/Guardians (if under 18): _____

Address: _____

Date of Birth: _____ Age: _____ Occupation: _____

Telephone: Mobile _____ Home _____

Email: _____

Emergency contact name & phone number: _____

Name & address of GP: _____

Current medications / dosages: (Include over the counter, supplements, vitamins, herbs)

In order of importance, reasons for seeking treatment:

1.

2.

3.

How did you hear about us? _____

Referred by: _____

Have you had acupuncture before? _____ From whom? _____

Signature: _____ Date: _____

Name _____ Date _____

1. Health History: Have you ever been diagnosed with any of the following?

- | | | |
|---|---|---|
| <input type="checkbox"/> Tension headaches | <input type="checkbox"/> Coronary disorder or heart attack | <input type="checkbox"/> High blood pressure |
| <input type="checkbox"/> Migraine headaches | <input type="checkbox"/> Lung or respiratory disorder | <input type="checkbox"/> Low blood pressure |
| <input type="checkbox"/> TMJ disorder | <input type="checkbox"/> Liver disease or hepatitis | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Back pain or sciatica | <input type="checkbox"/> Urinary or bladder infection | <input type="checkbox"/> Seizure or epilepsy |
| <input type="checkbox"/> Chest pain or angina | <input type="checkbox"/> Kidney disorder or kidney stones | <input type="checkbox"/> Concussion |
| <input type="checkbox"/> Abdominal pain | <input type="checkbox"/> Gallbladder disorder or gall stones | <input type="checkbox"/> Cancer or tumours |
| <input type="checkbox"/> Pelvic or genital pain | <input type="checkbox"/> Spleen or lymphatic disorder | <input type="checkbox"/> HIV+ or AIDS |
| <input type="checkbox"/> Rheumatoid arthritis | <input type="checkbox"/> Gastric or peptic ulcer | <input type="checkbox"/> Multiple sclerosis |
| <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Irritable bowel syndrome or colitis | <input type="checkbox"/> Polio or mononucleosis |
| <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Diabetes mellitus | <input type="checkbox"/> Allergies or hayfever |
| <input type="checkbox"/> Chronic fatigue syndrome | <input type="checkbox"/> Hypoglycaemia | <input type="checkbox"/> Asthma or bronchitis |
| <input type="checkbox"/> Bone fracture/joint sprain | <input type="checkbox"/> Thyroid disorder | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Muscle spasm or tremor | <input type="checkbox"/> Dysmenorrhoea (painful menstruation) | <input type="checkbox"/> Pneumonia |
| <input type="checkbox"/> Carpal tunnel syndrome | <input type="checkbox"/> Pre-menstrual syndrome | <input type="checkbox"/> Attention deficit disorder |
| <input type="checkbox"/> Tennis elbow | <input type="checkbox"/> Prostate or vaginal disorder | <input type="checkbox"/> Obsessive-compulsive |
| <input type="checkbox"/> Frozen shoulder | <input type="checkbox"/> Skin disorder, eczema, psoriasis | <input type="checkbox"/> Panic attacks or phobias |
| <input type="checkbox"/> Peripheral neuropathy | <input type="checkbox"/> Raynaud's disease | <input type="checkbox"/> Major depression |
| <input type="checkbox"/> Shingles (herpes zoster) | <input type="checkbox"/> Deafness or tinnitus | <input type="checkbox"/> Schizophrenia |

2. Accidents: Have you ever been injured in any of the following types of accidents?

- | | | |
|--|--|---|
| <input type="checkbox"/> Automobile accident | <input type="checkbox"/> Work-related accident | <input type="checkbox"/> Accident at home |
| <input type="checkbox"/> Athletic injury | <input type="checkbox"/> Surgical complication | <input type="checkbox"/> Other accident |

3. Current Conditions: In the past year, have you noticeably experienced any of the following?

- | | | |
|---|---|--|
| <input type="checkbox"/> Pain in legs or feet | <input type="checkbox"/> Large weight gain or weight loss | <input type="checkbox"/> Sinus congestion |
| <input type="checkbox"/> Pain in arms, wrist, hands | <input type="checkbox"/> Overeating or binge eating | <input type="checkbox"/> Colds, flu or chills |
| <input type="checkbox"/> Cold hands or cold feet | <input type="checkbox"/> Under eating or poor appetite | <input type="checkbox"/> Sore throat |
| <input type="checkbox"/> Swollen ankles or feet | <input type="checkbox"/> Craving for sweets or chocolate | <input type="checkbox"/> Nausea or vomiting |
| <input type="checkbox"/> Stiff, aching joints | <input type="checkbox"/> Craving for drugs or alcohol | <input type="checkbox"/> Diarrhoea |
| <input type="checkbox"/> Neck or shoulder tension | <input type="checkbox"/> Dissatisfaction with job | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> Grinding your teeth | <input type="checkbox"/> Bored or uninterested in things | <input type="checkbox"/> Blurred vision |
| <input type="checkbox"/> Rapid heart beat | <input type="checkbox"/> Loneliness or lack of affection | <input type="checkbox"/> Lethargy, fatigue |
| <input type="checkbox"/> Excessive sweating | <input type="checkbox"/> Sex life not satisfying | <input type="checkbox"/> Difficulty sleeping |
| <input type="checkbox"/> Hyperventilation | <input type="checkbox"/> Thoughts of killing yourself | <input type="checkbox"/> Disturbing dreams |
| <input type="checkbox"/> Dizziness or fainting | <input type="checkbox"/> Worried about finances | <input type="checkbox"/> Relationship problems |

4. Substances or Medications: In the past several months, did you regularly take any of these?

- | | | |
|---|--|--|
| <input type="checkbox"/> Cigarettes or cigars | <input type="checkbox"/> Aspirin | <input type="checkbox"/> Sleeping pills |
| <input type="checkbox"/> Several cups of coffee/day | <input type="checkbox"/> Prescribed pain reliever medication | <input type="checkbox"/> Anti-anxiety pills |
| <input type="checkbox"/> Glass or beer or wine | <input type="checkbox"/> Recreational drugs/marijuana | <input type="checkbox"/> Anti-depressant pills |
| <input type="checkbox"/> Liquor or mixed drinks | <input type="checkbox"/> Several cans of soft drink/day | <input type="checkbox"/> Blood pressure pills |